

## HISTORY OF AFTERNOON TEA

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Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

## WHAT IS AFTERNOON TEA?

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Afternoon Tea is a tea-related ritual, introduced in Britain in the early 1840s. It evolved as a mini meal to stem the hunger and anticipation of an evening meal at 8pm.

Afternoon Tea is a meal composed of sandwiches (usually cut delicately into 'fingers'), scones with clotted cream and jam, sweet pastries and cakes. Interestingly, scones were not a common feature of early Afternoon Tea and were only introduced in the twentieth century.

Afternoon Tea was initially developed as a private social event for ladies who climbed the echelons of society. It was only when Queen Victoria engaged in the Afternoon Tea ritual that it became a formal occasion on a larger scale, known as 'tea receptions'.

These receptions could have as many as two hundred guests with an open 'at home' invitation to visit between 4pm and 7pm, during which they could come and go as they pleased; this was the genesis of the Afternoon Tea as we know it.

If you have any specific dietary requirements, please inform a member of our team and we will do our very best to accommodate your requirements. A 10% DISCRETIONARY service charge will be applied to your bill

## AFTERNOON TEA MENUS

### THE TRADITIONAL AFTERNOON TEA

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(Served 12.00 ~ 4.00 p.m.)

The classic and most popular afternoon tea choice.....

#### **Assorted finger sandwiches:**

Local ham and Mustard Mayo  
Oak smoked salmon  
Northumberland egg & Cress  
Cucumber & cream cheese

#### **Scones:**

Fruit & cheese scones, served with  
strawberry jam & clotted cream

#### **Selection of cakes:**

Chef's selection of cakes  
& sweet treats

Your choice of Tea or Coffee

£22.50 per person

For that extra special touch....

Why not indulge in a chilled glass of Prosecco for £6.75  
or a glass of Drappier Champagne for only £10.00 per person

### CONFECTIONER'S AFTERNOON TEA

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(Served 12.00 ~ 4.00 p.m.)

For those of you with a sweet tooth.....

#### **Selection of cakes & sweet treats:**

Chef's selection of cakes  
& sweet treats

#### **Scones:**

Fruit & Cheese scones, served with  
strawberry jam & clotted cream

Your choice of Tea or Coffee

£16.50 per person

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## AFTERNOON TEA MENUS

### THE GENTLEMAN'S AFTERNOON TEA

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(Served 12.00 ~ 4.00 p.m.)

A great choice if you prefer something a little less dainty and a bit more hearty...

**To include the following:**

Haggis Bon Bon

Filo wrapped Prawn

Sausage Roll

Tomato and Cheese Quiche

Fruit and Cheese Scones

**Selection of cakes:**

Chef's selection of cakes  
& Sweet treats

Your choice of Tea or Coffee

£25 per person

Why not treat yourself to a bottle of Allendale Ale from only £5.30?

### CHILDREN'S AFTERNOON TEA

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We offer a yummy selection of sandwiches, cakes and scones for the little ones....

**Please choose one of the following sandwich options:**

Nutella

Peanut butter

Strawberry jam

Ham & cheese

Cheese Scone

**The sweet stuff:**

Selection of Cakes

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Fruit Juice

£12.95 per child

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## TEA & COFFEE MENU

### TEA SELECTION

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LOOSE LEAF TEAS £3.75

Why not try our selection of loose leaf blends? Choose from:

ENGLISH BREAKFAST ~ Robust character and lively flavour with a strong & refreshing taste

CLASSIC EARL GREY ~ Light, slightly smokey and zesty

SPECIALITY TEAS £3.50

A selection of fruit and herbal teas are also available:

Peppermint – Lemon & Ginger - Blackcurrant - Camomile – Berry & Elderflower  
– Green - Decaffeinated

### COFFEE SELECTION

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CAFÉ BLEND £3.50

The House – A pot of Viennese, a fruity medium Coffee with smooth, pleasant taste

### HOT CHOCOLATE

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HOT CHOCOLATE £3.80

Delicious, smooth and creamy hot chocolate.

Prices shown are per person, served with hot or cold Milk, Cream or Lemon

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